

# CELEBRATE NATIONAL SHAKE & LEARN MONTH

NOVEMBER 1-30

**Want to change lives while creating more momentum than ever within your team?**

Throw the party that is creating a health revolution across North America and host a Shake & Learn. A Shake & Learn is a fun and educational event where you'll discover the three missing links in our diet and how supplementation can help bridge the gap between diet and nutrition.

Hosting a Shake & Learn couldn't be easier. All you need to do is visit the Back Office to download the Shake & Learn Guide and other resources in the Shake & Learn Tool Kit and you're ready to go.

Want someone else to do the presenting for you? Simply share your story and play the Web Health Talk video on [shareneolife.com](http://shareneolife.com). So what are you waiting for? Schedule a dozen or more with your team today!

**TIP:** Shake & Learns can be held with just two people (friend and neighbor) or a crowd. **Challenge yourself and your team to raise the bar and schedule more Shake & Learns than ever this November!**



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